Discussion Section 1. SPATIAL INVASION EXERCISE

The following is a series of 3 spatial invasion exercises to be done with a partner. In all cases there will be an “invade” and an “invader”. The invader will determine when the distance is too close for comfort and will stop invading. Be sure to switch partners for each of the 3 phases of the exercise. Pair up with someone you do not know well. Put all belongings, notebooks, etc. to one side. Have nothing in your hands.

1a. Walk up to the person from their front until you feel that you are getting too close for comfort. Look for nonverbal cues in the other person: smiles, frowns, movements of arms, eyebrows and eyelids. Measure the distance between you and the person you are invading upon, from nose to nose. Use the centimeter units from this sheet and record the distance on the table below.

1b. Switch roles and now you are stationary and the other person will invade your space from the front of you. They will stop when they feel the distance is just short if being too close for comfort.

Now Find a New Partner who You Don’t Know & Introduce Yourselves.

2a. Now do the same invasion approach, but from the side of the other person. Stop when you are getting too close for comfort. The distance to be measured is that which is left between your chest and their shoulders.

2b. Switch roles and now you are stationary and the other person will invade your space from the site of you. They will stop when they feel the distance is just short of being too close for comfort.

Now Find a New Partner who You Don’t Know & Introduce Yourselves.

3a. Now have the stationary person close their eyes while the invader approaches from the front. The invader must make the decision about when to stop for comfort’s sake. The distance is from nose to nose.

3b. Switch roles and the invader becomes the stationary, eyes closed person, and is invaded from the front (by the person who must make the decision about how close is comfortable).

Record measurements below:

<table>
<thead>
<tr>
<th>Condition</th>
<th>Distance</th>
<th>Condition</th>
<th>Distance</th>
<th>Condition</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a. Frontal approach</td>
<td>_______</td>
<td>2a. Side approach</td>
<td>_______</td>
<td>3a. Frontal</td>
<td>_______</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>w/ eyes closed</td>
<td></td>
</tr>
<tr>
<td>1b. Frontal-Reverse</td>
<td>_______</td>
<td>2b. Side-Reverse</td>
<td>_______</td>
<td>3b. Frontal, eyes closed</td>
<td>_______</td>
</tr>
<tr>
<td>roles</td>
<td></td>
<td>roles</td>
<td></td>
<td>Reverse roles</td>
<td></td>
</tr>
</tbody>
</table>

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